



Shop from Home: Spanish Names for Groceries

Many supermarkets and small business services are now offering home delivery of groceries. Ordering groceries in Spanish might be a challenge for English-speaking foreign residents who would otherwise "see" their grocery items displayed without having to know their Spanish names.

As a public service, we are providing this bi-lingual vocabulary of fruits, vegetables, meats, poultry, fish, and other grocery items to help you order. Also, it's a great Spanish lesson about food!

Vegetables

English	Spanish	English	Spanish
Alfalfa	Alfalfa	Leek	Poro
Artichoke	Alcachofa	Lentil	Lenteja
Asparagus	Espárragos	Lettuce	Lechuga
Avocado	Aguacate	Lima Bean	Haba
Beans	Frijoles	Mushroom	Champiñón
Beet	Betabel	Olive	Aceituna
Broccoli	Brócoli	Parsley	Perejil
Brussels Sprouts	Col de Bruselas	Pearl Onion	Cebolla Cambray
Cabbage	Col	Peas	Chicharos
Carrot	Zanahoria	Potatoes	Papas
Cauliflower	Coliflor	Pumpkin	Calabaza
Celery	Apio	Radish	Rábano
Chickpea	Garbanzo	Red Onion	Cebolla Morada
Corn	Maíz	Red Pepper	Pimiento Rojo
Corn on the Cob	Mazorca de Maíz	Romaine Lettuce	Lechuga Romana
Courgetts	Calabacines	Spinach	Espinaca
Cucumber	Pepino	Squash	Chayote
Ear of Corn	Elote	Tomato (Green)	Jitomate Verde
Eggplant	Berenjena	Tomato (Plum)	Jitomate Guajillo
Escarole Lettuce	Lechuga Escarola	Tomato (Small)	Jitomate Bola
Garlic	Ajo	Turnip	Nabo
Green Beans	Ejote	Watercress	Berro
Green Onion	Cebolla De Rabo	White Onion	Cebolla Blanca
Green Pepper	Pimiento Verde	Yam	Camote
Kelp	Acelga	Zucchini Squash	Calabacitas



Fruits

English	Spanish	English	Spanish
Apple	Manzana	Lemon	Limón
Apricot	Chabacano	Melon	Melón
Avocado	Aguacate	Orange	Naranja
Banana	Plátano	Peach	Durazno
Blackberry	Zarzamora	Pear	Pera
Cantaloupe	Melón Chino	Pineapple	Piña
Cherry	Cereza	Plum	Ciruela
Cranberry	Arándanos / Guindilla	Pomegranate	Granada
Date	Dátil	Prune	Ciruela Pasa
Fig	Higo	Quince	Membrillo
Grape	Uva	Raisin	Pasa
Grapefruit	Toronja	Raspberry	Frambuesa
Guava	Guayaba	Strawberry	Fresa
Honeydew Melon	Melón Verde	Tangerine	Mandarina
Kiwi	Kiwi	Watermelon	Sandía

Meat & Pork

English	Spanish	English	Spanish
Beef	Res	Bacon	Tocino
Chuck	Diezmillo	Chops	Chuleta
Ground Meat	Carne Molida	Deepfried Pork	Carnitas
Liver	Hígado	Deepfried Pork Skin	Chicharrón
Roastbeef	Rosbif	Ham	Jamón
Round steak	Pulpa	Loin	Lomo
Sirloin	Aguayon	Mexican Sausage	Chorizo / Longaniza
T-Bone Steak	T-Bone	Pig's Feet	Manitas de Cerdo
Tenderloin	Filete	Sausage	Salchicha
Tongue	Lengua de Res	Smoked Pork Chops	Chuleta Ahumada
Tripe	Tripa	Spareribs	Costilla



Poultry

Chicken	Pollo
Duck	Pato
Goose	Ganso
Hen	Gallina
Partridge	Pérdiz
Pheasant	Faisán
Pigeon	Pichón
Quail	Codorniz
Turkey	Pavo / Guajolote
Breast	<i>Pechuga</i>
Thigh	<i>Muslo</i>
Wing	<i>Ala</i>

Fish

English	Spanish	English	Spanish
Anchovy	Anchoa	Rainbow trout	Trucha Arcoiris
Baby Shark	Cazón	Red Snapper	Huachinango
Bass / Fresh Water	Mojarra	Roe	Hueva
Bass / Sea or snooker	Robalo	Sailfish	Pez Vela
Black Bass	Lobina	Salmon	Salmón
Black Sea Bass	Cabrilla	Sardine	Sardina
Blue Marlin	Marlin Azul	Sawfish	Sierra
Carp	Carpa	Shark	Cazón Tiburón
Catfish	Bagre / Cuatete	Sole	Lenguado
Caviar	Caviar	Squid	Calamar
Codfish	Bacalao	Striped Marlin	Marlín Rayado
Eel	Anguila	Swordfish	Pez Espada
Grouper	Mero	Tarpon	Sabio
Herring	Arenque	Trout	Trucha
Mackerel	Macarela	Tuna	Atún
Mahi-Mahi	Dorado	Whaitebait	Chanquetes
Perch	Perca	Whitefish	Pez Blanco
Pompano	Pámpano	Yellowtail	Jurel (Cola Amarilla)



Shellfish

English	Spanish
Clam	Almeja
Crab	Cangrejo
Crayfish	Langostino
Lobster	Langosta
Mussels	Mejillones
Octopus	Pulpo
Prawns	Gambas
Scallop	Callo de Hacha
Scallop Clam	Callo de Almeja
Scampi	Cigalas
Shrimp	Camarón

Dairy & Other Products

English	Spanish	English	Spanish
Baking Soda	Bicarbonato de Sodio	Jam	Jalea
Barley	Cebada	Jelly	Gelatina
Bran	Salvado	Meringue	Merengue
Brown Sugar	Azúcar Morena	Marmalade	Mermelada
Butter	Mantequilla	Milk	Leche
Cheese	Queso	Mustard	Mostaza
Chocolate	Chocolate	Oats	Avena
Coffee	Café	Oil	Aceite
Corn	Maíz	Olive Oil	Aceite de Olivo
Corn Starch	Maizena	Pasta	Pasta Italiana
Cream	Crema	Pastry	Pasta
Dough	Masa	Powdered sugar	Azúcar Glass
Eggs	Huevos	Rice	Arroz
Evaporated Milk	Leche Evaporada	Sour Cream	Crema Agria
Flour	Harina	Sugar	Azúcar
Honey	Miel	Wheat	Trigo



Herbs & Spices

English	Spanish	English	Spanish
Basil	Albahaca	Mint	Menta
Bay Leaves	Laurel	Mustard	Mostaza
Black Pepper	Pimienta Negra	Nutmeg	Nuez Moscada
Chili	Chile	Parsley	Perejil
Chives	Cebollín	Pepper	Pimienta
Cinnamon	Canela	Rosemary	Romero
Cloves	Clavo de Olor	Salt	Sal
Coriander	Cilantro	Sesame	Ajonjolí
Cream of Tartar	Crema Tártara	Thyme	Tomillo
Cumin	Comino	Vanilla	Vainilla
Garlic	Ajo	Vinager	Vinagre

Cleaning Items/ Pet Food

English	Spanish
Toilet paper	Papel higiénico
Paper towels	Toallas de papel
Napkins	Servilletas
Dishwashing detergent	Detergente de lavavajillas
Disinfectant	Desinfectante
Multi-use cleaner	Limpiador multiusos
Bleach	Blanqueador
Aluminum Foil	Papel de aluminio
Cat food - dry	Comida para gatos - seca
Cat food - cans	Comida para gatos - latas
Dog food - dry	Comida para perros - seca
Dog food - cans	Comida para perros - latas

Personal Care Products

English	Spanish
Liquid hand soap	Jabón de manos líquido
Bath soap	Jabon de baño
Deodorant	Desodorante
Body lotion	Loción corporal
Shampoo	Shampoo
Hair conditioner	Acondicionador de cabello
Toothpaste	Pasta dental

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