

## Jennifer Kim – The Peace School of Chicago

Go to: <http://www.peaceschool.org>



For over 35 years, Jennifer Kim has been involved at The Peace School as a student, volunteer, instructor and now director. She was drawn to this non-profit's approach to peace: that of building world peace, one person at a time. Jennifer benefitted from one-on-one training and dialogue with The Peace School's founder MyungSu Y.S. Kim from 1978 until his death in 1999. Since the late 1970's, Jennifer has taught adult classes in Peace Breathing and Peace Yoga, including a special program designed for nursing home residents. She conducts many of The Peace School's workshops in stress reduction and peacebuilding for schools, businesses and organizations. Jennifer also helped develop the successful Self Awareness Through Self Defense program for blind and visually impaired children.

The Peace School founded Peace Day in Chicago in 1978, which became affiliated with the United Nations International Day of Peace once that was established in the early 1980's. Jennifer has helped to organize and execute this annual event in Chicago since its inception. She chairs the Chicago Build the Peace Committee, which was formed upon Peace Day's 30th anniversary in Chicago, working with the Mayor's office, Consular Corps, Chicago Public Schools, City Colleges of Chicago, Chicagoland Rotary Partners for Peace, and other partners to expand Peace Day activities as a step toward building a Culture of Peace in Chicago.

Jennifer Kim also co-chairs the Education Peace Team of the United Nations NGO Committee for the International Day of Peace with a similar mission on a global scale.